

THINKING ABOUT COLLEGE?



IF YOU'RE NOT SURE ABOUT COLLEGE AND WONDERING IF YOU'RE PREPARED TO SUCCEED, CCV'S INTRODUCTION TO COLLEGE STUDIES CLASS CAN HELP.

WHAT IS INTRO TO COLLEGE STUDIES?

Intro to College Studies(ICS) is a free CCV class that helps you sharpen your skills and prepare for college. It meets once-a-week for 13 weeks and is offered at all CCV locations in Vermont and at other Vermont state colleges. Not only is ICS a fun way to explore life after high school, there's a great reward once you successfully complete ICS—a free class at CCV or other participating colleges (pending available funding). Here's some of what you'll do in ICS:

- participate in activities that teach communication skills
- explore how you learn best and develop study habits that work for you
- learn to set goals for college, work, and life
- explore ways to pay for college and develop skills in managing your money
- develop stress management techniques and apply them to various situations.

Students who complete ICS say that they feel much more confident and prepared for going to college.

"Intro to College Studies is a great chance to get your stuff together and prepare for the real world."

– Greg O'Connor

HOW CAN YOU FIT COLLEGE INTO YOUR LIFE?

Visit www.gotocollegevt.org and click on "How Do I Fit It In?" to take our quiz. In just a few minutes you'll be able to see how you currently spend the 168 hours of your week and find out how to fit college into your busy life.

HOW DO YOU SIGN UP?

There are three steps to sign up for Intro to College Studies:

- 1. APPLY.** The admissions process is simple – no essay or SAT's required. Apply online at www.ccv.edu/apply.
- 2. CHOOSE AN ICS CLASS.**
- 3. REGISTER.** After you've applied, talk to a CCV advisor to sign up for the class you want.

CALL A CCV ADVISOR TODAY:

Bennington 447-2361 **Jeannie Jenkins**
Brattleboro 254-6370 **Pam Bullock & Karen Deserres**
Burlington 865-4422 **Jody Albright & Marianne DiMascio**
Middlebury 388-3032 **Alison Kirk**
Montpelier 828-4060 **Joe Zaffuts**
Morrisville 888-4258 **Kelly Strunk**

Newport 334-3387 **Kim Nolan**
Rutland 786-6996 **May Munger**
St. Albans 524-6541 **Gretchen DeHart**
St. Johnsbury 748-6673 **Kelly Strunk**
Springfield 885-8360 **Deb Grant**
Upper Valley 295-8822 **Kate Hughes**

Find out more at www.gotocollegevt.org